

International Index of Erectile Function (IIEF) Questionnaire*

Name: _____ Date: _____

Instructions: These questions ask about the effects your **erection** problems have had on your sex life, over the past 4 weeks. Please answer the following questions as honestly and clearly as possible. In answering these questions, the following definitions apply:

Definitions:

Sexual activity includes intercourse, caressing, foreplay and masturbation

Sexual intercourse is defined as vaginal penetration of the partner (you entered the partner)

Sexual stimulation includes situations like foreplay with a partner, looking at erotic pictures, etc.

Ejaculate is defined as the ejection of semen from the penis (or the feeling of this)

(Write the number that best describes your erectile function for the past 4 weeks in the spaces provided.)

Over the past four weeks:

- | | |
|--|---|
| 1. How often were you able to get an erection during sexual activity? _____ | 0 = No sexual activity
1 = Almost never/never
2 = A few times (much less than half the time)
3 = Sometimes (about half the time)
4 = Most times (much more than half the time)
5 = Almost always/always |
| 2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration? _____ | 0 = No sexual activity
1 = Almost never/never
2 = A few times (much less than half the time)
3 = Sometimes (about half the time)
4 = Most times (much more than half the time)
5 = Almost always/always |
| 3. When you attempted sexual intercourse, how often were you able to penetrate (enter) your partner? _____ | 0 = Did not attempt intercourse
1 = Almost never/never
2 = A few times (much less than half the time)
3 = Sometimes (about half the time)
4 = Most times (much more than half the time)
5 = Almost always/always |
| 4. During intercourse, <u>how often</u> were you able to maintain your erection after you had penetrated (entered) your partner? _____ | 0 = Did not attempt intercourse
1 = Almost never/never
2 = A few times (much less than half the time)
3 = Sometimes (about half the time)
4 = Most times (much more than half the time)
5 = Almost always/always |
| 5. During sexual intercourse, <u>how difficult</u> was it to maintain your erection to completion of intercourse? _____ | 0 = Did not attempt intercourse
1 = Extremely difficult
2 = Very difficult
3 = Difficult
4 = Slightly difficult
5 = Not difficult |
| 6. How many times have you attempted sexual intercourse? _____ | 0 = No attempts
1 = One to two attempts
2 = Three to four attempts
3 = Five to six attempts
4 = Seven to ten attempts
5 = Eleven or more attempts |

7. When you attempted sexual intercourse, how often was it satisfactory for you? _____

- 0 = Did not attempt intercourse
- 1 = Almost never/never
- 2 = A few times (much less than half the time)
- 3 = Sometimes (about half the time)
- 4 = Most times (much more than half the time)
- 5 = Almost always/always

8. How much have you enjoyed sexual intercourse? _____

- 0 = No intercourse
- 1 = No enjoyment
- 2 = Not very enjoyable
- 3 = Fairly enjoyable
- 4 = Highly enjoyable
- 5 = Very highly enjoyable

9. When you had sexual stimulation or intercourse, how often did you ejaculate? _____

- 0 = No sexual stimulation/intercourse
- 1 = Almost never/never
- 2 = A few times (much less than half the time)
- 3 = Sometimes (about half the time)
- 4 = Most times (much more than half the time)
- 5 = Almost always/always

10. When you had sexual stimulation or intercourse, how often did you have the feeling of orgasm or climax? _____

- 0 = No sexual stimulation/intercourse
- 1 = Almost never/never
- 2 = A few times (much less than half the time)
- 3 = Sometimes (about half the time)
- 4 = Most times (much more than half the time)
- 5 = Almost always/always

11. How often have you felt sexual desire? _____

- 1 = Almost never/never
- 2 = A few times (much less than half the time)
- 3 = Sometimes (about half the time)
- 4 = Most times (much more than half the time)
- 5 = Almost always/always

12. How would you rate your sexual desire? _____

- 1 = Very low/none at all
- 2 = Low
- 3 = Moderate
- 4 = High
- 5 = Very high

13. How satisfied have you been with your overall sex life? _____

- 1 = Very dissatisfied
- 2 = Moderately dissatisfied
- 3 = About equally satisfied and dissatisfied
- 4 = Moderately satisfied
- 5 = Very satisfied

14. How satisfied have you been with your sexual relationship with your partner? _____

- 1 = Very dissatisfied
- 2 = Moderately dissatisfied
- 3 = About equally satisfied and dissatisfied
- 4 = Moderately satisfied
- 5 = Very satisfied

15. How would you rate your confidence that you could get and keep an erection? _____

- 1 = Very low
- 2 = Low
- 3 = Moderate
- 4 = High
- 5 = Very high